

SportsAid UNISON Open Meet 2010

Minimum Entry Standards

(Times must have been achieved in the previous 12 months)

BOYS							Event	GIRLS						
10	11	12	13	14	15	16 & over		10	11	12	13	14	15	16 & over
39.0	37.0	34.9	33.0	31.3	29.7	28.7	50m Free	39.8	37.3	35.4	34.0	32.9	32.2	31.9
	1:18.8	1:13.7	1:09.8	1:06.9	1:04.4	1:02.6	100m Free	1:26.2	1:19.3	1:15.2	1:12.7	1:10.7	1:09.6	1:08.8
3:03.6	2:51.3	2:40.8	2:32.6	2:25.6	2:20.7	2:16.3	200m Free	3:04.4	2:51.3	2:42.5	2:36.2	2:32.1	2:29.1	2:27.5
6:26.4	5:56.0	5:38.1	5:21.8	5:07.0	4:57.6	4:49.1	400m Free	6:27.4	5:56.4	5:38.8	5:26.3	5:18.0	5:12.8	5:09.2
51.6	48.2	44.6	41.8	39.7	37.8	36.8	50m Breast	51.2	47.8	45.0	43.1	41.5	40.6	40.1
	1:41.5	1:34.7	1:28.8	1:24.6	1:21.4	1:18.9	100m Breast	1:50.3	1:41.6	1:35.2	1:30.8	1:28.5	1:27.5	1:26.1
3:57.2	3:39.1	3:25.2	3:12.5	3:02.5	2:55.4	2:51.6	200m Breast	3:55.5	3:36.6	3:24.9	3:15.5	3:09.5	3:06.7	3:05.8
43.5	40.8	38.1	35.9	34.0	32.2	31.4	50m Fly	44.0	40.7	38.6	36.7	35.7	34.8	34.2
	1:27.7	1:21.5	1:16.8	1:12.8	1:09.8	1:07.8	100m Fly	1:37.1	1:27.9	1:22.6	1:19.1	1:17.2	1:15.5	1:14.8
3:23.3	3:12.5	2:59.9	2:49.9	2:40.9	2:34.4	2:30.4	200m Fly	3:34.6	3:12.6	3:01.7	2:53.5	2:48.0	2:45.7	2:43.3
46.0	43.2	40.5	38.2	36.1	34.5	33.5	50m Back	46.0	43.1	40.9	39.4	38.0	37.0	36.6
	1:29.8	1:24.1	1:19.2	1:15.0	1:12.2	1:10.3	100m Back	1:37.5	1:29.9	1:24.5	1:21.7	1:19.6	1:17.9	1:17.1
3:25.8	3:12.0	3:00.7	2:50.3	2:42.3	2:36.0	2:31.4	200m Back	3:26.3	3:11.0	3:00.6	2:54.3	2:49.8	2:45.8	2:43.9
3:29.6	3:14.3	3:02.8	2:52.7	2:44.8	2:38.4	2:33.9	200m IM	3:29.6	3:14.3	3:03.3	2:56.8	2:52.3	2:48.9	2:46.9