

## SportsAid UNISON Open Meet 2010

### Saturday 8<sup>th</sup> May 2010

#### Session One – Start 9am

Girls 10–13 years 400m Freestyle  
Boys 10-13 years 400m Freestyle  
Girls 14 & over 200m Breaststroke  
Boys 14 & over 200m Breaststroke  
Girls 10-13 years 50m Backstroke  
Boys 10-13 years 50m Backstroke  
Girls 14 & over 50m Backstroke  
Boys 14 & over 50m Backstroke  
Girls 10-13 years 100m Butterfly  
Boys 10-13 years 100m Butterfly  
Girls 14 & over 100m Freestyle  
Boys 14 & over 100m Freestyle  
Girls 10-13 years 200m Breaststroke  
Boys 10-13 years 200m Breaststroke

#### Session Two – Start 2pm

Girls 14 & over 200m Backstroke  
Boys 14 & over 200m Backstroke  
Girls 10-13 years 50m Butterfly  
Boys 10-13 years 50m Butterfly  
Girls 14 & over 50m Freestyle  
Boys 14 & over 50m Freestyle  
Girls 10-13 years 200m Backstroke  
Boys 10-13 years 200m Backstroke  
Girls 14 & over 200m Butterfly  
Boys 14 & over 200m Butterfly  
Girls 10-13 years 100m Breaststroke  
Boys 10-13 years 100m Breaststroke  
Girls 14 & over 100m Breaststroke  
Boys 14 & over 100m Breaststroke  
Girls 10-13 years 200m Freestyle  
Boys 10-13 years 200m Freestyle

### Sunday 9<sup>th</sup> May 2010

#### Session Three – Start 9am

Girls 14 & over 200m Freestyle  
Boys 14 & over 200m Freestyle  
Girls 10-13 years 50m Breaststroke  
Boys 10-13 years 50m Breaststroke  
Girls 14 & over 100m Backstroke  
Boys 14 & over 100m Backstroke  
Girls 10-13 years 100m Freestyle  
Boys 10-13 years 100m Freestyle  
Girls 14 & over 50m Butterfly  
Boys 14 & over 50m Butterfly  
Girls 10-13 years 200m Butterfly  
Boys 10-13 years 200m Butterfly

#### Session Four – Start 2pm

Girls 14 & over 400m Free  
Boys 14 & over 400m Free  
Girls 10-13 years 50m Freestyle  
Boys 10-13 years 50m Freestyle  
Girls 14 & over 200m I.M.  
Boys 14 & over 200m I.M.  
Girls 10-13 years 100m Backstroke  
Boys 10-13 years 100m Backstroke  
Girls 14 & over 50m Breaststroke  
Boys 14 & over 50m Breaststroke  
Girls 10-13 years 200m I.M.  
Boys 10-13 years 200m I.M.  
Girls 14 & over 100m Butterfly  
Boys 14 & over 100m Butterfly

WARM-UP ON EACH DAY WILL BE ALLOWED FROM 8AM AND 1PM RESPECTIVELY

THE PROMOTORS OF THIS EVENT WOULD APPRECIATE ENTRIES BEING SUBMITTED  
ELECTRONICALLY IF AT ALL POSSIBLE.  
CLUBS SHOULD CONTACT SPORTSAID (YORKSHIRE & HUMBERSIDE) OFFICE SHOULD THEY REQUIRE  
A DISC OR DATASET.

SportsAid (Yorkshire & Humberside),  
Minerva House, East Parade, Leeds, LS1 5PS  
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CLOSING DATE FOR ENTRIES 9th APRIL 2010  
ENTRIES RECEIVED AFTER THIS DATE WILL BE REJECTED